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What PLAIT believes

Seven propositions. Not instructions. The ideas that explain why the practice behaves the way it does.

PLAIT is a philosophy, framework, and practice for creating and working within intentional context. The philosophy is small. It does not need a body of doctrine. It needs a few durable ideas, and these are them.

Life is contextual.

What something means depends partly on where you are standing, what surrounds it, and what else is happening. The same fact reads differently in a different context, and that is a property of life, not a failure of clarity.

Two things can be true.

Complexity does not always need to collapse into a single answer before you can move within it. A context can hold a relief and a loss, a good decision and a hard cost, at the same time. Holding both is often the honest reading.

Clarity develops.

You rarely begin with the whole picture. Understanding changes as more context comes into view. The first articulation may be partial, emotional, vague, or wrong, and practice can begin from there.

Movement matters.

Understanding becomes useful when it changes how you move, respond, relate, wait, protect, continue, or stop. Movement is not always doing more. Waiting, asking, and protecting a boundary are all movement.

What returns is information.

An outcome is not automatically success or failure. It becomes part of the next context. Failure and success both return something, and no outcome sits outside the practice.

Judgment remains yours.

No framework, application, assistant, coach, score, or community should replace your judgment. PLAIT exists to strengthen it. Anything built on PLAIT that takes judgment away from the person has left PLAIT.

People are contextual too.

Relationships are not variables outside the problem. They are part of the context. Who is involved, what they expect, and what they need changes what the context is.

That is enough. These are not rules. They are why the practice looks the way it does: why it starts where you are, why it looks for what belongs together, why a move can be waiting, and why what comes back is never a verdict. The Framework gives these ideas structure. The practice is what you do with them.

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Source: New for the practice kit (2026-09-29). The Canon's premises (PLAIT Canon §1, the Practice Model §5 and §9) as seven plain propositions, the why the field guide points to.

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