

TEMPLATE · PUBLIC · 5 MIN

Project context sheet

One page for one project: what it is for, what is moving, who is involved, what could grow from it, and what moves next.

One sheet for one project. A project is a context with an end in view: something you are building, delivering, organizing, or finishing. Fill in what applies and leave the rest blank. The sheet is a structure to return to.

The project

	Your notes
Name	
What it is for	
Where it stands today	
When it matters by	

What is moving?

Flow: movement within this project. What is in motion, what is stuck, and what keeps coming back.

In motion	Stuck	Recurring

Who is involved?

Tribe: relationship within this project. Everyone the project touches, including people who are not working on it.

Person or group	Their part	What they need from you	What you need from them

What could grow from this?

Prosper: growth and possibility within this project. This can be simple. Finishing well, keeping a promise, or having enough slack all count.

What this should produce	What it should protect	What would be enough

What has come to your attention?

Signal: what became observable. A missed date, a quiet channel, a question asked twice. Write it down before deciding what it means.

Noticed	Where it came from	What it can and cannot tell you

What moves next?

One move is enough. Asking, waiting, and protecting a boundary all count as moves.

- ☐ Next move:
- ☐ Who it involves:
- ☐ When I will look at this sheet again:

A PLAIT should be stable enough to practice and alive enough to revise.

In the PLAIT Context System this sheet is a PLAIT of its own, with its notes, tasks, and events kept together. The download carries the sheet as app-aligned entries: two notes, a task, and a habit.

By PLAIT Version 0.1 Updated 2026-10-03

Source: New for the Practice workbench (2026-09-29). Follows the core practice (Practice Model §2) and the three readings of one context (§6), in the language of a project.

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